

Utah 2026 — Packing List

Mighty Five road trip | Nov 1–13, 2026

Who: Ian · Rachael · Kinsley (9) · Peter (4) · Gregg · Barbara. Ian, Rachael, Kinsley and Peter fly SEA to SLC together; Gregg and Barbara fly separately and pack their own bags.

Climate range: Bryce Canyon nights are about 22°F, and Zion afternoons reach the mid-60s. Plan for a 40°F swing in a day. Moab and Torrey are cold at dawn and warm by afternoon. Dark falls around 5:20 PM.

Luggage strategy: two flights and a van, so no stroller and no carrier: Peter walks everything. Pack soft-sided bags that squeeze into the van, with one small day pack per person. Wear the bulkiest layers on the plane. Every hotel except Skyview in Torrey has a guest laundry. Plan on one wash in Moab (Nov 3 or 4) and one in Springdale (Nov 10 or 11), and pack about 6 days of clothes. Bring a few laundry pods in a zip bag.

Documents & Money

- ☐ Photo ID for every adult (domestic flights); Kinsley and Peter need none for domestic flights
- ☐ Driver's license for each adult who might drive the van
- ☐ Boarding passes downloaded: Delta out, Alaska home
- ☐ **Every Kid Outdoors voucher, printed on paper** (a phone screenshot is not accepted; Kinsley must be in the van at park entrances)
- ☐ All six Tournament of Kings mobile tickets downloaded before leaving the hotel
- ☐ Confirmations: in email and Wallet (no printouts needed; screenshots as backup)
- ☐ Insurance cards (medical and car rental coverage)
- ☐ Credit and debit cards; a little cash for Dead Horse Point State Park and small-town stops
- ☐ Offline maps (Apple and Google) for southern Utah, and the NPS app's offline content for all five parks
- ☐ Emergency contacts card and a list of the kids' medications and allergies

Clothing: Adults (Ian, Rachael, Gregg, Barbara)

Layers, not bulk. Everything should work under a windproof shell. Pack about 6 days.

Base and mid layers

- ☐ 4 to 5 long-sleeve base layers or quick-dry tops (synthetic or wool; no cotton for hiking)
- ☐ 2 short-sleeve tops for warm afternoons in Moab and Zion
- ☐ 2 fleeces or insulating mid-layers
- ☐ 1 warm sweater or hoodie for evenings and the Las Vegas show

Bottoms

- ☐ 2 pairs of hiking pants or trousers
- ☐ 1 pair of jeans or casual pants
- ☐ 1 pair of thermal leggings or long underwear (Bryce mornings)
- ☐ 1 pair of shorts (optional: Zion and Las Vegas can be mild)

Outerwear and accessories

- ☐ 1 windproof, water-resistant shell
- ☐ 1 puffy jacket (down or synthetic) for Bryce, Capitol Reef mornings and stargazing
- ☐ Warm hat and gloves
- ☐ Sun hat or cap, and sunglasses
- ☐ Neck gaiter or scarf

Underwear, socks and sleep

- ☐ 6 sets of underwear
- ☐ 6 pairs of socks: 4 hiking socks, 2 warm wool pairs
- ☐ 1 extra pair of socks per person for Sand Dune Arch and wet spots
- ☐ Pajamas

Footwear

- ☐ Grippy closed-toe hiking shoes or boots for slickrock and sand (broken in before the trip)
- ☐ Comfortable shoes for the hotel, the van and Las Vegas
- ☐ Optional: microspikes for Bryce, only if the forecast calls for ice (decided one week out)

Clothing: Kinsley (age 9)

- ☐ 5 long-sleeve base layers or tops, plus 2 short-sleeve tops
- ☐ 2 fleeces or hoodies
- ☐ 3 pairs of pants or leggings, 1 pair of shorts
- ☐ Thermal base layer (top and bottom) for Bryce

- ☐ Puffy jacket and a windproof shell
 - ☐ Warm hat, gloves and neck gaiter
 - ☐ Sun hat and sunglasses
 - ☐ 6 sets of underwear and 6 pairs of socks (2 warm wool)
 - ☐ Pajamas
 - ☐ Grippy hiking shoes, plus slip-on shoes for the van
 - ☐ **Narrows (if every check is green):** wool or synthetic base layer and warm socks to wear under the rented drysuit, and a towel. Rent the suit, boots and walking stick from an outfitter; do not buy gear.
 - ☐ A nicer top for Las Vegas (optional)
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Clothing: Peter (age 4)

Peter walks every trail on his own feet, so choose clothes he can hike in and shoes that will not rub.

- ☐ 5 long-sleeve tops, plus 2 short-sleeve tops
 - ☐ 2 fleeces or hoodies
 - ☐ 4 pairs of pants or leggings (extras: he will sit in dirt and sand)
 - ☐ Thermal base layer (top and bottom) for Bryce
 - ☐ Puffy jacket and a windproof shell
 - ☐ Warm hat, mittens or gloves (a spare pair), and neck gaiter
 - ☐ Sun hat and sunglasses
 - ☐ 8 sets of underwear (spares for accidents) and 7 pairs of socks (2 warm wool)
 - ☐ Pajamas
 - ☐ Grippy, well-fitting hiking shoes (broken in), plus slip-on shoes for the van
 - ☐ **Ear defenders for Tournament of Kings** (loud joust and crowd)
 - ☐ Do not pack a Narrows suit: Peter stays on the Riverside Walk at Zion
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Toiletries & Health

- ☐ Toothbrushes, toothpaste, floss
- ☐ Shampoo, soap, deodorant, hairbrush (hotels supply basics; check)
- ☐ Sunscreen (high SPF; sun is strong at altitude even in November)
- ☐ Lip balm with SPF
- ☐ Moisturizer and hand lotion (desert air is dry even when it is cold)
- ☐ Saline nose spray
- ☐ Hand sanitizer and wet wipes

- ☐ Medications in original containers, with a few days of spares
 - ☐ Pain and fever reducer for adults and children's dosing for Kinsley and Peter
 - ☐ Allergy medicine
 - ☐ Motion-sickness remedy for the mountain roads (UT-12, Zion switchbacks)
 - ☐ Blister care (moleskin, bandages), antiseptic wipes
 - ☐ Compact first-aid kit, tweezers, and a small bag for any trash
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Electronics

- ☐ Phones and chargers
 - ☐ Charger for every row of the van (a multi-port car charger and two or three cables)
 - ☐ Power bank for each adult (signal is patchy, so phones drain faster)
 - ☐ Wall plug with multiple ports for hotel rooms
 - ☐ Headlamps: one per person if possible (dark falls around 5:20 PM, and Bryce's night sky is worth going out for)
 - ☐ Camera, if you do not rely on phones
 - ☐ Headphones for the kids' tablets (for the long drives)
 - ☐ Tablets or e-readers, loaded with downloaded shows, books and games
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Kids' Gear (Kinsley 9, Peter 4)

- ☐ **Peter's car seat** (Utah law requires a car seat or booster under age 8). We're bringing his own; airlines check car seats free. A padded car-seat travel bag protects it.
 - ☐ Kid-size day packs for each child
 - ☐ Reusable water bottle for each child
 - ☐ Binoculars (arches and hoodoos)
 - ☐ Park passport book or notebook and pencils (Junior Ranger programs)
 - ☐ Small toys, cards and a travel game for the van and restaurants
 - ☐ Coloring books or sticker books for Peter
 - ☐ Favorite stuffed animal or comfort item
 - ☐ Snack stash for the kids (see Van Road-Trip Kit)
 - ☐ Spare set of clothes for Peter in the day pack
 - ☐ Small flashlight each, for the kids to hold
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Day Pack (each outing)

- ☐ Water: at least 1 liter per person, more on longer hikes

- ☐ Snacks and a packed lunch
 - ☐ Warm layer and a windproof shell for every person
 - ☐ Warm hat and gloves
 - ☐ Sunscreen and lip balm
 - ☐ Headlamp
 - ☐ Small first-aid kit and blister care
 - ☐ Offline map and the NPS alerts page checked that morning
 - ☐ Spare socks and a spare shirt for Peter
 - ☐ A trash bag (pack out everything)
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Van Road-Trip Kit

- ☐ Snacks and a cooler bag (small-town restaurants cut hours in November)
 - ☐ Water jugs or a case of water
 - ☐ Paper towels, wet wipes and a trash bag
 - ☐ Phone chargers for every row of the van
 - ☐ Phone mounts or a printed paper map as backup to offline maps
 - ☐ Blanket or two for chilly mornings and picnics
 - ☐ Sunshades for the kids' windows
 - ☐ Windshield scraper or a stiff card (frosty mornings at Torrey and Bryce)
 - ☐ Reusable shopping bag for groceries
 - ☐ A small bin or bag for shoes and muddy gear
 - ☐ Fill the tank whenever it is half empty; services are sparse on I-70, UT-24 and UT-12
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Trip-Specific Reminders

- **Layers for a 40°F swing.** Every day needs a warm hat, gloves and a windproof shell.
- **Traction for Bryce only if the forecast calls for ice.** Closed trails stay closed regardless.
- **Narrows:** contact an outfitter a week out with Kinsley's age, height, weight and shoe size. Rent gear only if forecast, flow and fit all look good.
- **Tournament of Kings:** ear defenders for Peter; the feast is hands-only, so skip a late-afternoon snack.
- **Zion tunnel road:** measure the van's width across the mirrors at pickup (94" or less is needed).

- **Time zones:** Utah runs on Mountain Standard Time; Las Vegas is Pacific, one hour behind.
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Pre-Departure Checklist

- ☐ Print the Every Kid Outdoors voucher
- ☐ Download offline maps and the NPS app content
- ☐ Download boarding passes and all six Tournament of Kings tickets
- ☐ Confirm the van pickup time with Alamo (flight lands at 12:50 PM)
- ☐ Check forecasts for each park one week out (Bryce especially)
- ☐ Check UDOT for UT-12 and UT-24, and Bryce snow, road and trail status
- ☐ Decide on traction (microspikes) for Bryce, sized for every walker including Peter
- ☐ Contact a Narrows outfitter and confirm Kinsley's fit
- ☐ Confirm Torrey and Bryce restaurant hours
- ☐ Charge power banks and tablets; load downloads
- ☐ Weigh bags for both flights